

Beaumont Fire-Rescue Services

PERFORMANCE BENCHMARKS

405.01M - Blood Glucose Determination

Discipline: EMT-BLS
Effective: 9/16/2009
Reviewed: 5/22/2015
Replaces:

Anne Huff, Fire Chief

I. Objective

The EMT shall demonstrate, with the equipment provided, how to successfully acquire a blood glucose determination.

II. Instructions – Procedures for Achieving the Objective

You will explain and demonstrate the proper techniques for blood glucose monitoring. You will begin at my instruction to start. The skill will end when you have completed all of the identified steps and you tell me that you are finished. Do you understand these instructions?

III. Examiner's Note

The EMT will not be allowed to review the performance steps at the time of evaluation.

IV. Preparation & Equipment

- A. Glucose meter
- B. Meter test strips
- C. Lancet, Lancet device (optional)
- D. Alcohol swabs
- E. Sharps container
- F. Watch or clock which displays seconds

V. Reference Sources

- A. *Brady Emergency Care*, 7th edition, pages 472-473.
- B. SOG 203.01A, SOG 203.01G.

405.01M – Blood Glucose Determination

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Name:	Officer #:
Evaluator:	Officer #:
Date:	Location:

If the First Responder:

- a) Prepares the lancet and/or lancet device1.0__
- b) Let patient arm hang down along side if possible.....1.0__
- c) Remove test strip from vial & insert correctly into meter.....1.0__
- d) Confirms number on vial and meter are matching..... **P/F**__
- e) Waits for blood drop symbol on meter before continuing.....1.0__
- f) Grasps the finger and prepares site to be pricked.....1.0__
- g) Drop the blood on the specified area on the test strip.....1.0__
- h) Read the blood glucose value on meter display.....1.0__
- i) Remove test strip, place strip and lancet in biohazard (sharps) container.....1.0__

Time Allocation

Completes skill in allotted time **P/F** __

Allotted time for this skill: **5 minutes 0 seconds**

Actual time: ____ **minutes** ____ **seconds**

Points Possible	Passing Score	Attempt	Performance Rating (Points)	PASS	FAIL
8	6	First			
		Second			

Medical Director's Initials DK

Date 5/22/2015